



7.1.9

Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens

Details of activities that inculcate values; necessary to render students to responsible citizens

International Webinar on “Gender Equity Issues in Pandemic Times” at H MV

Dated: 19th July, 2020



<http://hmvnews.blogspot.com/2020/07/international-webinar-on-gender-equity.html>

The department of Psychology and Sociology of Hans Raj Mahila Maha Vidyalaya organized an International Webinar on Gender Equity Issues in Pandemic times in collaboration with NGO APAAR under the aegis of IQAC as per the directions of Principal Prof. Dr. (Mrs.) Ajay Sareen. Webinar series coordinator Dr. Ramnita Saini Sharda stressed upon the need and significance of holding the webinar on this theme in the pandemic times. Dr. Baljinder Singh, HOD, Sociology, coordinator of the webinar introduced the topic of the webinar. Dr. Ashmeen Kaur, HOD Psychology, introduced the speakers of the webinar and moderated the sessions. The key speaker of the webinar was Dr. Vandna Sharma, Former Dean Social Sciences and HOD, Psychology, Punjabi University, Patiala, Professor of Eminence, Akal University, Talwandi Sabo. **Through a very structured presentation, starting from vedic times to pandemic times, she raised issues pertaining to gender equity especially in context to Indian set up.** The questions raised by the participants were answered very well.

The second speaker was Dr. Navneet Bhullar, Physician from U.S and founder of NGO APAAR (Altering Perceptions of Autism and assisting in rehabilitation). **She discussed the issues of women at Global level and in specific context to people with intellectual disabilities. Both the speakers emphasized on the need for gender equity citing present statistics and suggesting models for reaching towards gender equality.** Principal Prof. Dr. Ajay Sareen congratulated both the departments for successfully organizing the webinar. Dr. Ashmeen Kaur gave a formal vote of thanks to the speakers, IQAC Coordinator

Dr.KanwaldeepKaur, Webinar series Coordinator Dr.RamnitaSainiSharda and the technical team.

Online quiz organised on Kargil Vijay Diwas by HMV

Dated: 26th July, 2020

HANS RAJ MAHILA MAHA VIDYALAYA
JALANDHAR (PUNJAB) INDIA

NCC UNIT is organising
'An Online Quiz'
on
Kargil Vijay Diwas

JULY 26, 2020

Quiz Time:
9:00 am
to
5:00 pm

20
Objective/MCQ
based Questions

Quiz will contain
questions
from Kargil War

Time limit is 20 Minutes

E-certificate will be provided to all participants

Mrs. Saloni Sharma Convener Lt. Sonia Mahindru Co-Convener Mrs. Purnima Organizing Secretary Prof. Dr. Mrs. Ajay Sareen Principal

Link - <https://forms.gle/Skt3Y8ywn5Mss4D56>

http://hmvnews.blogspot.com/2020/07/blog-post_29.html

The NCC Unit of Hans Raj MahilaMahaVidyalaya organised an Online Quiz in order to pay tribute to Kargil war heroes on the occasion of Kargil Vijay Diwas. The quiz included 20 multiple type questions on Kargil war. This online quiz link was open for participants from 9 am to 5 pm. Principal Prof. Dr.Mrs. Ajay Sareen said that HMV is known for innovations. **Such a unique quiz competition will inculcate the feeling of patriotism in young brigade and it can be seen from the number of participants.** Total of 1121 students participated in this quiz from all over India. E-certificates are provided to all the participants. Principal Prof. Dr.Sareen congratulated the Convener of the contest Mrs.Saloni Sharma, Co-convener Lt. Sonia Mahendru and Organising Secretary Mrs.Purnima Sharma.

International Webinar on the topic: 'Pandemics: Historical Perspective and State's Role towards an Individual' organised by HMV

Dated:29thJuly, 2020



<http://hmvnews.blogspot.com/2020/08/international-webinar-on-topic.html>

The History and Political Science departments of Hans Raj Mahila Maha Vidyalaya organised an International webinar on the topic “Pandemics: Historical Perspective and State’s Role towards an Individual” 29TH July, 2020. The webinar was started by Mrs. Nita Malik, Associate Professor, Head Political Science who commenced by expressing gratitude towards our Chief Patron Dr. Punam Suri, Padma Shree Awardee, President DAV CMC & Patron Sh. Shiv Raman Gaur, IAS (Retd), Director Higher Education, DAV CMC. This was followed by the blessings from the Almighty in the form of Gayatri Mantra. College Principal Prof. Dr. (Mrs.) Ajay Sareen welcomed the resource persons who were from different streams to share their views on the Pandemics and congratulated the departments for inviting such a star-studded galaxy of resource persons. She also thanked Justice (Retd.) Sh. N. K. Sud, Vice President DAV CMC & Chairman LC. **She also in fact highlighted the role of state during the COVID times.** Later Mrs. Protima Mander, Head History Department introduced the topic of the webinar along with the guests. The webinar started with Prof. Sukhdev Singh Sohal’s wonderful insight into the historical perspective of the pandemics. He opined that History has been narrowed down to the tales of king and kingdom. But history deals with people. **He gave a valuable insight on the major pandemics and how these have transformed the world. Prof. Immanuel Nahar, Chairman, Minority Commission Punjab & also Prof USOL Punjab University gave an insight into the centre-state relations in the light of COVID -19. He also highlighted that rights & duties go hand in hand. Dr. Rakesh, Associate Professor in Political Science, School of Social Sciences GNDU, Amritsar brought to light the challenges to Democracy during the present times. He talked about the centralising tendencies which were creating imbalance in the society. He opined that in the present times NGOs and citizens are not able to vent out their grievances.** He also highlighted the role of the fourth estate. Er. Malika Vij, HRM, Toronto, gave the perspective of how the Canadian government took steps towards tackling COVID -19 which included financial assistance to its citizens and state of the art health care facilities. Dr. Kamla, Assistant Professor of Political Science, USOL, Panjab University gave her thoughts on the pandemics impact on the average citizens especially the

migrant workers. Advocate Brijesh Kumar gave an economic impact analysis of the ongoing pandemic and how this black swan event was being taken as the scapegoat for the ongoing economic downtrend. He questioned whether GDP as a parameter was correct indicator of Economic Growth. The session ended with a vibrant question answer round where the viewers asked various questions from the resource persons. Later Mrs. Protima Mander, extended the vote of thanks to all those who made this webinar a resounding success.

International Webinar on Covid 19 and Indian Economy: Challenges and Ways Ahead held by HMV

Dated: 5th August, 2020



<https://hmvnews.blogspot.com/2020/08/international-webinar-on-covid-19-and.html>

The PG Department of Economics of Hans Raj Mahila Maha Vidyalaya, Jalandhar organised a National Webinar on Covid-19 and Indian Economy: Challenges and Ways Ahead in collaboration with Indian Economic Association under the able guidance of Madam Principal Prof (Dr.) (Mrs.) Ajay Sareen 24th July 2020. Dr. Ramnita Saini Sharda, Webinar Series Coordinator welcomed the resource persons and all the participants. Ms Shallu Batra, Head PG Department of Economics introduced the resource persons. Prof. Davinder Kumar Madaan, Secretary, IEA and Head, School of Social Sciences, Punjabi University, Patiala introduced the theme of the webinar, discussed negative impact of Covid-19 on growth of Indian economy and suggested the need of reforms in economic and health policy. Prof. Satish Verma, RBI Chair, CRRID Chandigarh in his inaugural address discussed limitations of existing schemes for MSMEs and emphasised on formulation of more liberal policies for the benefit of MSMEs. Prof. Rohit Singh, Professor in Marketing and Dean Academics AURO University, Surat delivered keynote address and highlighted the implementation of new normal ways and shift of government and organisational policies from consumer centric to consumer and employee centric. Professor B. Gopal Singh, Professor of Economics and Management, VVCE, Business Administration, Mysore, Karnataka, in his lecture on topic 'Covid 19 Making a positive impact' highlighted improvement in environment, decline in crime rate and growth of technology, power sector, chemical sector, pharmaceutical sector on account of expected changes due to Covid 19. Dr. Kanwaljeet Kaur, Associate Professor in Economics, Sri Guru Gobind Singh College, Chandigarh stated that India can lead the global research and development on the basis of its strong foundation in terms of talent and technology. Prof. V.

K. Malhotra, President IEA and Member Secretary ICSSR, in his presidential address stressed on creation of development centres and reconciliation of new development model to attain sustainable and inclusive growth.

HMV adds another feather to its cap: Recognized as Swacchta Action Plan Institute by the Department of Higher Education, Ministry of Human Resource Development, Govt. of India

Dated: 18th August, 2020

Hans Raj MahilaMahaVidyalaya, Jalandhar has been recognized as Swacchta Action Plan Institute by the Department of Higher Education, Ministry of Human Resource Development, Govt. of India under Mahatma Gandhi National Council of Rural Education Swacchta Scheme. HMV has been appreciated for its efforts in constituting working groups Post COVID-19 for Sanitation and Hygiene, Waste Management, Water Management, Energy Management and Greenery along with observation of environment related days. The institution was also applauded for its efforts to inculcate in faculty, students and community, the practices of Swachhta and Reduction, Reuse and Recycling of resources. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the staff and students for their tireless efforts and also thanked Dr. PunamSuri, Padmashree Awardee, President DAVCMC, New Delhi for his blessings and motivation. She further added that HMV has established vermicomposting unit, solid waste management unit, paper recycling unit, solar panels and incinerators for encouraging sustainability in college campus life. The institution has rich biodiversity of flora and fauna with many indigenous plants flourishing in the campus.

http://hmvnews.blogspot.com/2020/08/blog-post_18.html

Teachers' Day Celebrated at HMV

Dated: 5th September, 2020



<http://hmvnews.blogspot.com/2020/09/teachers-day-celebrated-at-hmv.html>

Hans Raj Mahila Maha Vidyalaya in collaboration with ASSOCHAM, New Delhi organised a Webinar cum Panel Discussion on the topic “Role of Guru and Responsibility of Shishya in the World of Virtual Learning” on the occasion of Teacher’s Day. This webinar cum panel discussion was organised through online platform in which more than 600 participants including Gurus and Shishyas participated. Principal Prof. Dr.Mrs. Ajay Sareen welcomed all the panellists. She said that Guru is a guide, a mentor and a lighthouse of knowledge. Guru is the one who can make his student know the difference between right or wrong. If the student knows this difference, then the Guru has done his/her duty.

Student Council of HMV online celebrated Teacher's Day

Dated: 5th September, 2020



<https://hmvnews.blogspot.com/2020/09/student-council-of-hmv-online.html>

Teachers illuminate the world by disseminating the light of knowledge and dispel the darkness of ignorance engulfing the young minds. The devout mission initiated by Swami DayanandSaraswati was further ennobled and sparked an ember of inspiration when the foundation stone of HMV was laid down by Dr. S. Radhakrishnan who is acknowledged as a teacher par excellence and a bridge builder between the east and the west. It is with these pious thoughts that the teaching fraternity of HMV pace steadily under the visionary guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. **Grabbing the opportunity to convey thanks to their teachers, though not in person but on the digital platform, the students under the banner of Student Council, headed by Mrs. Urvashi, organized an entrancing event Jashn-e- Ustaad on Teachers' Day 5th September 2020.**

NSS, NCC and Sports department of HMV participated in “Fit India Freedom Run” campaign

Dated: 8thSeptember,2020



<https://hmvnews.blogspot.com/2020/09/nss-ncc-and-sports-department-of-hmv.html>

The NSS, NCC and Sports Departments of Hans Raj MahilaMahaVidyalaya participated in Fit India Freedom Run campaign of Youth and Sports Ministry, Government of India under the guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. Under this campaign, the participants made the people of their neighborhood aware about the importance of doing exercise, eating balanced nutritious diet and having a positive attitude in these pandemic times. Participants followed the rules of social distancing, wearing masks and sanitizers. Principal Dr.Sareen told that during this campaign, the NCC cadets participated in a 24 km run. It is worth mentioning that NCC unit of HMV has been declared as the best unit in recent times. Dr.Sareen said that the spirit of volunteers, players and cadets is appreciable and they are doing commendable work. **In this pandemic time, it is the duty of NGOs, Social organizations to aware the people about the precautions to be taken in CORONA and help the government in controlling the situation.**NSS program officer Mrs.VeenaArora and Ms.Harmanu Paul said that we should remain positive in this tough time. They said that we can lead a healthy life by doing exercise regularly and taking healthy diet. NSS volunteers also shared various yoga asans through social media. On this occasion, ANO Lieutenant Sonia Mahendru, Mrs.PawanKumari and Dr.MeenuTalwar were also present.

NCC cadets of HMV participated in second phase of ‘Fit India Movement’

Dated: 8th September, 2020



<http://hmvnews.blogspot.com/2020/09/ncc-cadets-of-hmv-participated-in.html>

The NCC cadets of Hans Raj MahilaMahaVidyalaya of 2 PB(G) BN NCC Jalandhar participated in second phase of ‘Fit India Movement’. The cadets did different exercises and ran 20 kms to keep themselves both physically and mentally fit under the commanding officer Col. NPS Toor. 10 cadets performed exercises while staying at home and each cadet did running of 2 km each and shared the details and pics through online mode. **On this occasion, Col. NPS Toor inspired the cadets to remain physically and mentally fit especially in this pandemic because if they will remain fit only then they can serve the nation and society in a better way.** Principal Prof. Dr.Mrs. Ajay Sareen congratulated the NCC department of the college for being a part of such great initiative of being fit and thanked Col. Toor for giving such an opportunity to cadets. She said that our cadets have made exercise and running a part of their daily routine. On this occasion, Lieutenant Sonia Mahendru was also present and encouraged the cadets.

NSS unit of HMV participated in next phase of “Fit India Freedom Run” movement

Dated: 23rd September, 2020



<https://hmvnews.blogspot.com/2020/09/nss-unit-of-hmv-participated-in-next.html>

The NSS unit of Hans Raj MahilaMahaVidyalaya participated in next phase of “Fit India Freedom Run” movement as per the directions of Youth and Sports Ministry, Government of India. **In this campaign, the NSS volunteers encouraged people through social media to maintain their physical and mental balance in this COVID times. They educated their neighbors to take proper diet and do exercise regularly. They can remain safe from CORONA by staying at home and following all safety protocols.** Principal Prof. Dr. Mrs. Ajay Sareen appreciated the efforts of volunteers and said that in this tough time, educating people about their physical and mental balance is very essential. **She said that NSS volunteers are doing great work for the society. NSS unit program officer Mrs. VeenaArora and Ms. Harmanu Paul also appreciated the enthusiasm of NSS volunteers.** On this occasion, Assistant program officers Mrs. PawanKumari and Dr. MeenuTalwar were also present.

NSS Volunteers of HMV got inspiration by virtual Ceremony

Dated: 26th September, 2020



<http://hmvnews.blogspot.com/2020/09/nss-volunteers-of-hmv-got-inspiration.html>

The NSS Volunteers of Hans Raj Mahila Maha Vidyalaya, Jalandhar watched the award ceremony through virtual medium which was held at Rashtrapati Bhawan, New Delhi as per the direction of Govt. of India. In this award ceremony, President of India Sh. Ram Nath Kovind honored NSS volunteers for their commendable work. This programme was watched by NSS Volunteers of HMV while staying at home as per the directions of Government of India. NSS Programme Officers conveyed the volunteers about the programme in advance so that they can watch it timely and feel motivated. On this occasion, Principal Prof. Dr. (Mrs.) Ajay Sareen said that more than 4 crore students have volunteered for NSS. **It is the prime duty of a student to be ready for serving the nation. She said that students should take inspiration from this programme and should make their target to serve the society.** She said that all the NSS volunteers are special as they have chosen services as per their own wish. The NSS volunteers always enthusiastically take part in all the works. **NSS programme Officers Mrs. Veena Arora and Dr. Anjana Bhatia told that HMV is contributing in service work from many years. Dr. Meenu Talwar said serving the humans is like serving God. The main objective of NSS is to develop the feeling of service among youth and make them responsible citizens.** On this occasion, Mrs. Pawan Kumari and Ms. Harmanu Paul also encouraged the students. This special programme was watched by all the NSS volunteers, Programme Officers and Asstt. Programme Officers and all took an oath to serve the nation with loyalty & dedication

HMV celebrated virtually 113th Birth Anniversary of ShaheedBhagat Singh

Dated: 28th September, 2020



<https://hmvnews.blogspot.com/2020/09/hmv-celebrated-virtually-113th-birth.html>

Hans Raj MahilaMahaVidyalaya celebrated virtually 113th Birth Anniversary of ShaheedBhagat Singh. The department of History, under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen presented a Power Point Presentation on the life of Indian socialist, revolutionary ShaheedBhagat Singh, whose act of dramatic violence against the British and execution at the age of 23 made him a hero of the India's national freedom struggle.

Prof. Dr. (Mrs.) Ajay Sareen congratulated the faculty of history department for their effort in showcasing the life of great freedom fighter. She said that just like ShaheedBhagat Singh at a tender age of 23, sacrificed his life for the cause of an independent India; such passion if displayed and observed by youth of today, will definitely help our country to reach new heights.

The Head History Department, Mrs. ProtimaMander encouraged the students to draw inspiration from the life of ShaheedBhagat Singh. The students Raunika, Shreya, Varanjeet and Kirti gave their views about the sacrifice of ShaheedBhagat Singh.

NSS Volunteers of HMV participated in “My waste My Responsibility” Campaign

Dated: 30th September, 2020



<https://hmvnews.blogspot.com/2020/09/nss-volunteers-of-hmv-participated-in.html>

The NSS Volunteers of Hans Raj Mahila Maha Vidyalaya participated in “Trash to Treasure” “My waste my responsibility” campaign under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen & Dean Student Welfare Dr. Anjana Bhatia. This campaign is being organised by Municipal Corporation, Jalandhar from 22nd September to 15 October, 2020. It is a matter of pride for HMV that many volunteers have participated in this campaign.

Principal Dr. Mrs. Ajay Sareen congratulated the volunteers and encouraged them. She said that it is our prime duty to clean our surroundings. We should understand our responsibility and contribute whole heartedly in this campaign. She appreciated this campaign of Municipal Corporation, Jalandhar & assured that HMV will always be a part of their endeavour.

Programme Officer Dr. Anjana Bhatia encouraged the volunteers and congratulated them. She told that Km. Ishpreet Kaur made a beautiful doll with waste newspapers. Km. Harmanpreet Kaur also made decorative pieces with waste material. Programme Officers Mrs. Veena Arora & Ms. Harmanu Paul also appreciated their efforts. Asst. Programme Officers Mrs. Pawan Kumari and Dr. Meenu Talwar also encouraged the volunteers.

HMV convert the waste in to useful products

Dated: 1st October, 2020



<https://hmvnews.blogspot.com/2020/10/hmv-convert-waste-in-to-useful-products.html>

Hans Raj MahilaMahaVidyalaya has been doing its bit to reduce trash and convert the waste into useful products. Principal Prof. Dr. (Mrs.) Ajay Sareen told that some of the ventures undertaken to invoke eco-friendly orientation amongst students include: installing waste paper recycling unit, conversion of garbage dumps into green belts around the campus, solid waste management plants, segregation of solid waste, rain water harvesting, grey water reuse, vermin-compost preparation, establishing incinerators in wash rooms to reduce sanitary waste among others. Projects like preparation of vermi-compost, preparation of bio-pesticides, bio-insecticides, biofuel preparation, preparation of green reducing agents; organic colour preparation and others have been taken up.

Solid Waste Management Plant at the premises of Hans Raj MahilaMahaVidyalaya is efficiently decomposing solid waste generated by the college will into organic fertilizers. The vermin-compost is also prepared in the college from college mess waste and is used in Portable Kitchen Gardens and various edible & ornamental plants will be grown. The waste water from air conditioners etc. is also used for mopping, cleaning purposes. The waste generated in the college boutique is used to make purses, up-cycled dresses and fashionable accessories. The plastic waste is up-cycled to make creative decorative pieces. Recycled paper produced in the waste paper recycling unit is transformed into files, folders, envelopes etc. It is worth mentioning that HMV is the only college of Jalandhar to be included in top Swachh Colleges of India. Principal Dr. Ajay Sareen said that recycling is one of the best methods to reduce the waste and contribute to Swachh Bharat Mission. She said that HMV is

whole heartedly participating in **My Waste My Responsibility** campaign of Municipal Corporation, Jalandhar.

HMV contributed to the My Waste My Responsibility campaign

Dated: 5th October, 2020



<https://hmvnews.blogspot.com/2020/10/hmv-contributed-to-my-waste-my.html>

Under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen, students from Hans Raj MahilaMahaVidyalaya participated enthusiastically in **Trash to Treasure contest** of Municipal Corporation of Jalandhar and came up with many innovative and creative ideas. Riddhi prepared the bed of Lord Krishna from waste material in her home. Her efforts were immensely appreciated by Municipal Corporation. Simranjeet prepared a painted dress from old clothes where as students of fashion designing prepared designer accessories from rags trash and paper waste. Harmanpreet created beautiful decorative pieces from waste material. Her models were appreciated by one and all. The newspaper doll prepared by Ishpreet was also selected by MCJ Jalandhar as a unique idea. Sargamupcycled waste material and gave a true example of treasure from trash. Under the guidance of Mrs.MeenakshiSayal, students of HMV Collegiate Sr. Sec. School also wholeheartedly participated with unique ideas and gave inspiration to others regarding recycling, reducing and reusing the stuff so that minimum waste is generated NehaWalia from Fashion Design Department prepared a flower pot and AvleenKaur made wall hanging. Madam Navneeta prepared dresses from waste and Mr.Shailendra gave artistic touch to trash and converted it into treasure. Astha, Nisha and

Neha also prepared rugs, slippers and flower pots by upcycling. Ritika, Shweta and MuskanKataria also contributed in this mission. In fact, Muskan created a mini garden out of waste products. Shrishti Gupta and Ridhi also made appreciable efforts.

HMV students won prizes by Municipal Corporation

Dated: 15thOctober, 2020



<https://hmvnews.blogspot.com/2020/10/hmv-students-won-prizes-by-municipal.html>

Hans Raj MahilaMahaVidyalaya Jalandhar is appreciated by Municipal Corporation Jalandhar for contribution in 'My Waste My Responsibility' campaign. Under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen, **Ms. Gurkirat** was chosen as **Swachhta Ambassador of Jalandhar** with first prize by Municipal Corporation in jingle competition. Ms. Navjot who sang Swachhta Jugni has also been chosen at third place.

Ms. Sargam, Ms. Harman, Ms. Ishpreet and Ms. Ridhi were honoured for their contribution in trash to treasure campaign. They prepared creative decorative pieces, beautiful cots, newspaper dolls, planters etc. One student from school section, Ms. Megha was honoured for making scenery from newspaper.

Lord Krishna's bed made by Ridhi was appreciated by one and all. DrAnjana Bhatia also received the honour for her contribution. **Principal Dr. Ajay Sareen said that Hans Raj MahilaMahaVidyalaya Jalandhar is committed to the cause of Swachhta and has been recycling papers, mess and kitchen waste to make useful products. She congratulated the winners and motivated them to keep up the good work.**

HMV organized National Web Conference on “New Education Policy: Perspectives and Challenges

Dated: 22nd October, 2020



<https://hmvnews.blogspot.com/2020/10/hmv-organized-national-web-conference.html>

With the aim to empower India as a global knowledge superpower, the New Education policy provides new dimensions to the education system. To ponder on the nuances of the policy, Hans Raj MahilaMahaVidyalaya organized a thought provoking National Web Conference on “National Education Policy: Perspectives and Challenges” under the dynamic guidance of Principal Prof. Dr.Mrs. Ajay Sareen on 22nd 2020. The one of its kind conference was organized on virtual platform under the aegis of Unnat Bharat Abhiyaan and coordinated by Dr.RamnitaSainiSharda.

Opening on a pious note with the recital of Gayatri Mantra and DAV Anthem, the inaugural session on the topic “**NEP: Perspectives and Challenges- A dialogue with the Stakeholders**” was graced by renowned educationists, Sh. Shiv Raman Gaur, IAS (Retd.) Director Higher Education, DAVCMC, New Delhi and Dr. TS Benipal, Dean College Development Council, GNDU, Amritsar.

Principal Dr. Ajay Sareen**accorded a warm welcome to the distinguished guests and presented them with seed bouquets.** She expressed that the implementation of the new policy requires a change of the mindset with a transition from the traditional to the contemporary techniques. **The focus on Skill sector opens up new vistas in the job scenario.An important facet of the system is the use of technology for its successful implementation.** She further said that the policy envisages a development of the full human potential but it also poses a number of challenges.

Dr. Ramnita Saini Sharda introduced the purpose of this conference as to deliberate upon the various aspects of the policy from different levels and welcomed Sh. Shiv Raman Gaur to present his views on 'The role of Management in NEP.'

Honourable Guest, Sh. Shiv Raman Gaur offered an extensive as well as intensive glimpse in to the NEP by highlighting its basic features. Unfolding the problems from the grassroots level, he pointed out that the rigmarole of the system has brought a great strain on the educational institutions. There is a need to make a lot of amendments and simplify the procedures involved in opening and running schools and colleges. The major challenge is the lack of resources and funds without which a system cannot thrive well. He spoke at length on the integration of vocational courses in to the main stream which also emphasize the importance of the concept of dignity of labour. The successful implementation of this policy requires the private and the public sectors to work in unison and complement each other.

A renowned academician and a scientist Dean College Development Council GNDU Amritsar, Dr. TS Benipal candidly brought to light the gaps between the theory and practice. **Offering a realistic approach, he drew attention towards the difficulties faced by the universities in the implementation of policies.** He stressed that the policies should be designed after taking the stakeholders in to confidence as they are aware of the practical issues. The NEP demands an overhauling of the traditional education system which needs sufficient financial support from the governments so that the quality of education does not get sacrificed. He also highlighted the issues regarding recruitment of faculty and proper scales as essential components of the new policy. S. Lakhwinder Singh Gill, Former Dy. Director Colleges, Pb. was also present.

During the afternoon session, Lead speaker Dr. Randhir Rathore, Dean Academics, Shri Vishwakarma Skill University, said that By 2025, at least 50% of learners through the school and higher education system shall have exposure to vocational education. He said that secondary schools will also collaborate with ITI's, polytechnics and local industry. Second speaker was Dr. Pangkhuri Borogohian, Analyst, Apprenticeship Division, NSDC. She told about apprenticeship in detail and said that it is a combination of basic training and on the job training. She told that apprenticeship is a structured training and also told about benefits of apprenticeship. Third speaker was Dr. Parwinder Singh, Assistant Professor, Department of Humanities and Social Sciences, IIT, Ropar. He explained National Education Policy in context of mental health. He said that things are very optimistic in new education policy in regard to mental health. Fourth speaker was Mr. Ujjwal Chugh, Digital Visionary, Founder and CEO, ISOLS Group, Gurugram. He said that skill development is a way to manifest your interest area or your passion. He said that skill development will enable to create more young entrepreneurs and startups. Mrs. Meenakshi Sayal, Nodal Officer, Community College, HMV summed up the session by explaining the practical challenges faced in introducing skill development.

The valedictory session witnessed another vigorous expression by Dr.AmitKauts, Dean Education Colleges, GNDU and Dr. Rajesh Kumar, Chairperson School of Social Sciences, GNDU, Amritsar. **With a comprehensive understanding of the policy, Dr.AmitKauts discussed about the practicability of the implementation of the policy saying that it is not the task of a single Ministry. We need a central and shared committee under the Prime Minister and coordination between different agencies.** He congratulated the college for holding this discussion because the people need to be aware of what is expected of them.

Dr. Rajesh Kumar raised serious concerns about the overemphasis on technology and mechanical gadgets, complete replacement of the previous system and restructuring the system. He coaxed the listeners to think about whether a uniform policy is desirable and applicable in a country like India where we celebrate diversity.

Dr.RamnitaSainiSharda concluded the discussion with a vote of thanks and honouring the resource persons remarking that we need to accept and weigh the merits as well as demerits of the policy.

HMV took pledge under Jan Andolan Campaign

Dated: 30th October, 2020



<http://hmvnews.blogspot.com/2020/10/hmv-took-pledge-under-jan-andolan.html>

The NSS department of Hans Raj MahilaMahaVidyalaya organised a Pledge Ceremony under Jan Andolan Campaign of Govt. of India. In this programme, NSS programme officer Mrs.VeenaArora facilitated a pledge to faculty, staff members and students to follow the unlock guidelines. She told that this campaign is launched by Honorable Prime

Minister Sh. NarendraModi. Principal Prof. Dr. (Mrs.) Ajay Sareen said that cases of Corona have decreased but the danger is still there. **Government is trying to aware people through media regarding unlock guidelines.** We are getting some relief during unlock but that is for strengthening our economy. We should take proper precautions. **HMV has taken a lead in becoming a part of this campaign.** We should not panic if any symptom of Corona occurs. Rather we should go for test and medication. The time of Corona was really tough for all of us but we have crossed it with our positivity. Dr Sareen congratulated NSS department. Mrs.VeenaArora facilitated the pledge to all members & students and thanked all.

COVID Test of HMV Staff Member

Dated:18th November, 2020



<https://hmvnews.blogspot.com/2020/11/covid-test-of-hmv-staff-members.html>

As per the Government guidelines, the teaching & non-teaching staff members of Hans Raj MahilaMahaVidyalaya underwent mandatory COVID Test. Principal Prof. Dr. (Mrs.) Ajay Sareen told that including Principal 101 teaching members & 83 non-teaching members had given their sample. This test was RT-PCR Test & the report will come in two days. Principal Dr. Sareen said college administration is ready for offline teaching. The college has sent consent forms to all its students. The students, who wish to come to college, have to fill this consent form with the signature of parents.

The college administration is also making policies for offline teaching in order to start offline classes to maintain social distancing as well. The students will be allowed to enter college premises after thermal scanning. The college premises have been sanitized and sanitizers have been placed at various places within college campus.

ANO and NCC Cadets of H MV honoured for their duties

Dated:19th November, 2020



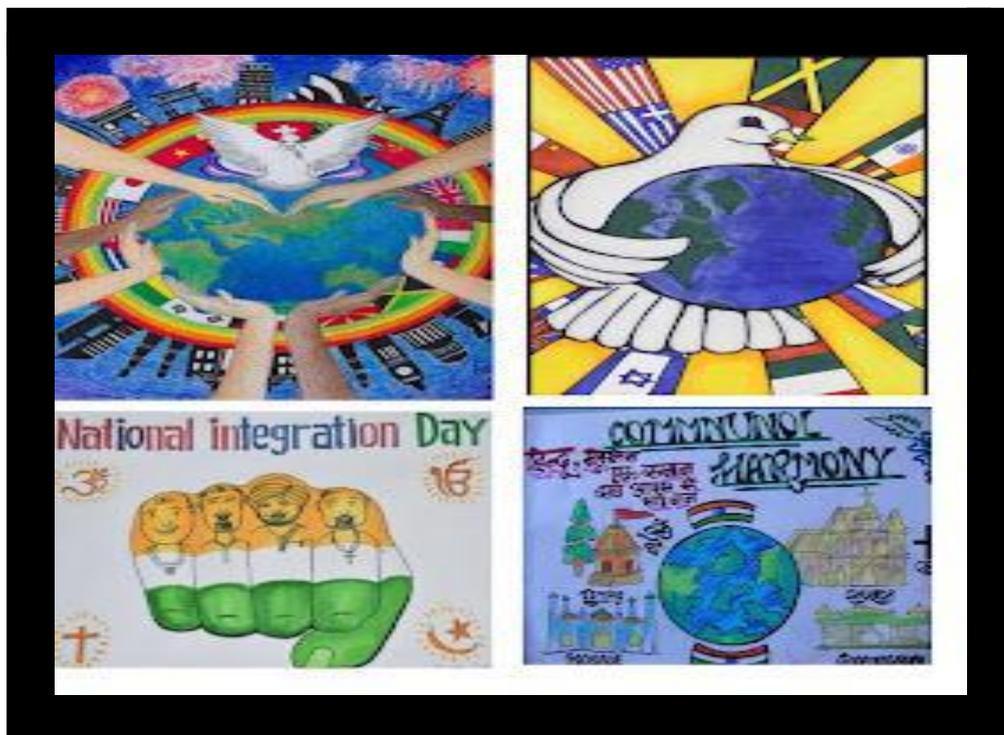
<http://hmvnews.blogspot.com/2020/11/ano-and-ncc-cadets-of-hmv-honoured-for.html>

It is a matter of pride that Commanding Officer Col. NPS Toor of 2 Punjab Girls BN NCC Jalandhar honoured ANO Lt. Sonia Mahindru and 8 Cadets of Army Wing of Hans Raj Mahila Maha Vidyalaya with incentives for performing duties on ground during Exercise NCC Yogdan for fighting against COVID-19.

On this occasion Commanding Officer Col. Hitesh Duggal of 21 Bn Kapurthala was also present who greatly appreciated the tasks performed by cadets during peak days of COVID pandemic. Ms Parvati GCI from 2Pb (G) BN congratulated cadets and motivated them for such tasks in future. Principal Prof. Dr. Mrs. Ajay Sareen congratulated NCC Wing, ANO Lt. Sonia Mahindru and thanked Col. Toor for encouraging the cadets.

NSS Unit of HMV Observed Communal Harmony Campaign Week

Dated: 19-25 November, 2020



<https://hmvnews.blogspot.com/2020/12/nss-unit-of-hmv-observed-communal.html>

The NSS Unit of Hans Raj MahilaMahaVidyalaya observed “Communal Harmony Campaign Week” from 19-25 November 2020, under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen as per the guidelines of National Foundation for Communal Harmony, Home Ministry, Govt. of India, NSS Volunteers participated in various competitions during this week long observance and expressed their views on it. Principal Prof. Dr. (Mrs.) Ajay Sareen encouraged NSS unit for such a great work and said that in order to maintain peace and harmony in our country, young generation should be made aware. Such campaigns can change the thinking of the youth and will help in the foundation of united society. She encouraged the volunteers to take part in competitions with enthusiasm. NSS Programme Officers Mrs.VeenaArora and Dr.Anjana Bhatia also encouraged the volunteers. On this occasion, Essay Writing and Painting Competitions were organized on the topic “Communal Harmony”. In Essay Writing Competition Km. Manpreet stood 1st, Km. KhushdeepKaur stood 2nd & Km. Priya Sharma stood 3rd. In Painting Competition, Km. Akshreeti got 1st, Km. Sumandeep got 2nd, Km. Garima & Km. NehaLuthra got 3rd Prize. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated all the winners.

On this occasion, Flag stickers were also distributed among volunteers. Ms.Harmanu, Mrs.PawanKumari and Dr.MeenuTalwar also appreciated the efforts of NSS Volunteers.

ANO and NCC Cadets of H MV honoured for their duties

Dated: 19th November, 2020



<http://hmvnews.blogspot.com/2020/11/ano-and-ncc-cadets-of-hmv-honoured-for.html>

It is a matter of pride that Commanding Officer Col. NPS Toor of 2 Punjab Girls BN NCC Jalandhar honoured ANO Lt. Sonia Mahindru and 8 Cadets of Army Wing of Hans Raj MahilaMahaVidyalaya with incentives for performing duties on ground during Exercise NCC Yogdan for fighting against COVID-19.

On this occasion Commanding Officer Col. Hitesh Duggal of 21 BnKapurthala was also present who greatly appreciated the tasks performed by cadets during peak days of COVID pandemic. MsParvati GCI from 2Pb (G) BN congratulated cadets and motivated them for such tasks in future. Principal Prof. Dr. Mrs. Ajay Sareen congratulated NCC Wing, ANO Lt. Sonia Mahendru and thanked Col. Toor for encouraging the cadets.

Best wishes and Honorary Ceremony of NCC Republic Day Training Camp organized at HMV

Dated:22ndNovember, 2020



<http://hmvnews.blogspot.com/2020/11/best-wishes-and-honorary-ceremony-of.html>

45 days NCC Republic Day Training Camp of Jalandhar Group was being organised at Hans Raj Mahila Maha Vidyalaya under the guidelines of Group Commander Brig. Advitya Madan, CO Col. Hitesh Duggal of 21 BN Kapurthala and CO Col. NPS Toor of 2 Pb. Girls BN NCC Jalandhar. The send off and best wishes ceremony for the selected team which will march on 22nd November for DCATC (RDC) at Ropar has been organised at HMV. On this occasion, Brig. Advitya Madan honoured Principal Prof. Dr. (Mrs.) Ajay Sareen with Group Commanders Appreciation Certificate for providing impetus to NCC activities. He also gave Group Commanders Appreciation Certificate to the college for excellent contribution in 45 days NCC Republic Day Training Camp of Jalandhar Group. ANO Lt. Sonia Mahindru from HMV, ANO Lt. Ashu Dhawan from APS Jalandhar Cantt, CTO Amandeep from LPU and Sr. GCI Sandeep, Sr. GCI Parvati Chauhan from 2 Pb (G) BN were also honoured with Group Commanders Appreciation Certificate for training Best Cadet in the camp. Principal Prof. Dr. (Mrs.) Ajay Sareen and Lt. Sonia Mahindru thanked Group Commander Brig. Madan. Principal Dr. Sareen appreciated the efforts put up by Cadets and Jalandhar Group Team. She also said that such training camps should be organised in future also to increase confidence in cadets. On this occasion, Major Pratima Adm. Officer of 2 Pb. Girls BN NCC, Jalandhar was also present.

Webinar on the topic: Significance of Constitution Day in India

Dated: 26th November, 2020



<https://hmvnews.blogspot.com/2020/11/webinar-on-topic-significance-of.html>

To Commemorate the unique constitution of the framers of the constitution, the Post-Graduate Department of Political Science celebrated 71st Constitution Day at Hans Raj Mahila Maha Vidyalaya organized a Webinar on the topic “Significance of Constitution Day in India” on 26th Nov. 2020.

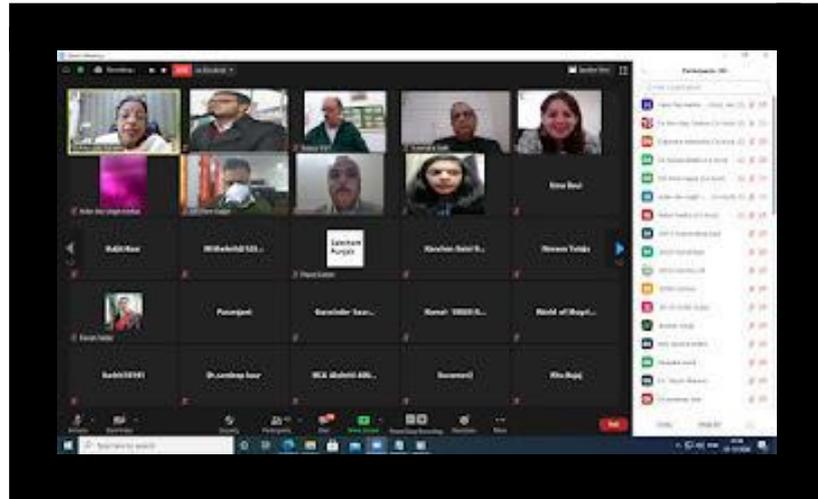
The Webinar was hosted by Mrs. Alka Sharma, Asstt. Prof. who commenced by expressing gratitude towards our Chief Patron Dr. Punam Suri, Padmashree Awardee, President DAVCMC & Patron Sh. Shiv Raman Gaur, IAS (Retd.) Director Higher Education, DAVCMC. This was followed by the blessing from the Almighty in the form of Gayatri Mantra. Principal Prof. Dr. (Mrs.) Ajay Sareen accorded a warm welcome to the Chief Guest of the occasion, **Principal Dr. Neeru Sharma from Pt. Mohan Lal S.D. College For Women, Gurdaspur.** Principal Prof. Dr. (Mrs.) Ajay Sareen emphasized on the need of being aware of rights as well as duties prescribed in the Indian Constitution. She exclaimed that the day marked the dawn of a new era and gave us the Constitution which is the framework for political principles, procedure and power of the Government.

The Webinar started with Principal Dr. Neeru Sharma’s wonderful insight into the significance of Indian Constitution. **She defined Constitution as a set of written principles and precedents of Government of India that frames fundamental political principle, procedures, right, directive principles and duties of the government and the citizens of**

the country. Dr. Neeru Sharma urged the students to abide by the Constitution and feel proud to be a citizen of a great country. Ms. Ishpreet read the text of the preamble of Indian Constitution. Towards the end Mrs. Nita Malik, Head of Political Science Department extended the vote of thanks to all those who made this Webinar a resounding Success.

HMV organized a Webinar on World Disability Day

Dated: 2nd December, 2020



<https://hmvnews.blogspot.com/2020/12/hmv-organized-webinar-on-world.h tml>

Hans Raj MahilaMahaVidyalaya organized a Webinar on “World Disability Day” under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen on 2nd Dec 2020. The coordinator of the webinar was Dr. PremSagar, Head of Department (Music Vocal) and in association with Saksham Punjab & Red Cross Deaf & Dumb School, Jalandhar. The Chief Guest of the webinar was Sh. Rahul Sindhu, IAS, SDM, Jalandhar. The Resource Person was Mr. Dipendra Manocha, Founder Trustee Saksham, Member Local Committee Sh. Surendra Seth and Tehsildar Sh. Inderdev Singh were also present.

The webinar started in a traditional way. **Principal Prof. Dr. (Mrs.) Ajay Sareen said that in present times, disability is not only physical but mental also which is affecting our society. She told that the Music Department of the college and Saksham Punjab are working in this direction. They not only provide education to the girls but also provide talking books to the disabled students.** She thanked President DAVCMC Arya Rattan Dr. PunamSuri for always encouraging the institute. **She said that under the aegis of DAVCMC, a school is working for disabled students. Trainings have also been given to these students and laptops have also been provided to them at a very low cost.** She also thanked SDM Rahul Sindhu, IAS for always supporting the institute. Chief Guest Sh. Rahul Sindhu said that HMV always stands ahead for the good of the society. Disability is not only physical but mental disability is very dangerous. Every citizen must get the opportunity for overall growth. Local Committee member Sh. Surendra Seth also congratulated the institute

for this endeavour and said that such disabled people should be treated with equality and respect. Resource Person Sh. DevendraManocha discussed in detail on disability and said that everyone is disabled, the need is to establish ourselves as “Saksham”. We should try to maintain such an environment in our society so that everyone can work according to his/her capacity. We should try to get technical knowledge as well. Km. Shalini& Km. Saloni presented a Dance performance prepared under the guidance of Sh. Inderdev Singh (Red Cross School, Deaf & Dumb). HMV’s B.A. (Hons.) student Km. Angel also said that HMV has always encouraged her to march ahead with positivity

National Webinar on Water Conservation hosted by HMV

Dated: 3rd December, 2020



<https://hmvnews.blogspot.com/2020/12/national-webinar-on-water-conservation.html>

To bring home the maxim that Water is the driving force of all nature, the Environment Club of Hans Raj MahilaMahaVidyalaya organized a National webinar on “Challenges and Opportunities in Water Management” under the visionary guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen on 3rddec 2020. The webinar began on a pious note with the lighting of the holy lamp and recital of Gayatri Mantra. Dr.SeemaMarwaha, Coordinator of the webinar reflected upon the concept of water conservation as necessitated by the current situation and told about the various tasks undertaken to save the environment. PrinicipalDr. Ajay Sareen hailed a warm welcome and expressed her delight to host the persons of great eminence, Sh Shiv Raman Gaur,IAS, Director Higher Education, DAV College Managing Committee as the Chief Guest and Dr.Rajendra Singh- the Waterman of India as the resource person of the webinar. She emphasized that water is the elixir of life and water conservation movement initiated by Padam Shree Dr.PunamSuri, President, DAV College Managing Committee was a step towards this direction.

Raising the slogan, ‘Jalhai to kalhai’, Sh. Shiv Raman Gaur pointed out the alarming facts about the decreasing levels of water table. He stressed that no doubt we are

very vocal about the problem but we lack initiatives on our part to put theory into practice. He said that we should inculcate the habit of saving water and follow it in our daily routine. These small steps can make a big difference.

The moderator of the webinar, Dr.Anjana Bhatia introduced the Waterman Dr.Rajendra Singh with the help of a presentation depicting the great efforts made by him and tallied a number of awards that were conferred upon him for the noble cause. **Dr.Rajendra presented a brief view of the current scenario which has led to the critical situation and the pandemic of COVID in particular. He highlighted the fact that we need to link ecology and education so that we can understand the challenges posed by nature. With his efforts and reforms, he is able to rejuvenate ground water recharge and convert barren lands to green lands.** His mission under Tarun Bharat Sangh was admired and supported by COP 21 at Paris. He appealed to the students to take care of the mother nature as she has the cure to all our diseases. Dr.Neelam Sharma, Faculty Head Science thanked the dignitaries for their gracious presence in the event.

.HMV Organized a Webinar on “Woman Health Care”

Dated: 5th December, 2020



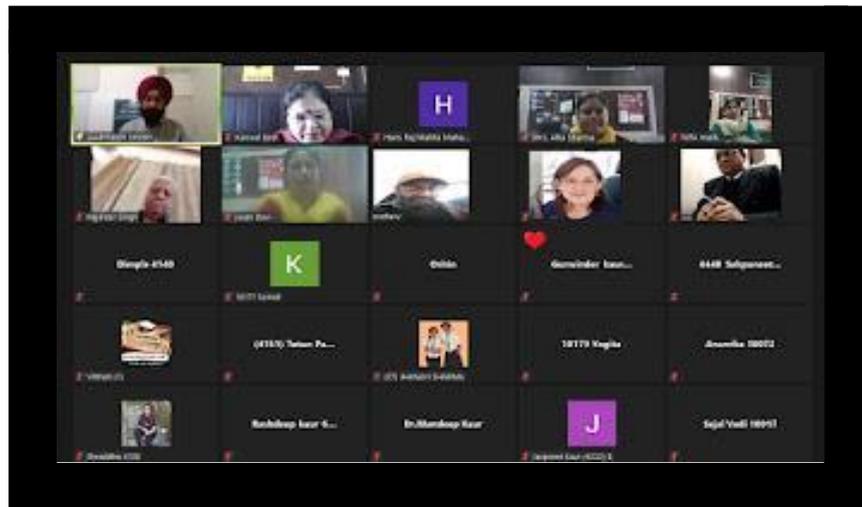
<https://hmvnews.blogspot.com/2020/12/hmv-organzied-webinar-on-woman-health.html>

The Red Ribban Club and Red Cross society of Hans Raj MahilaMahaVidyalaya, organized a webinar on “Woman Health Care” under the guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen on 25th Nov 2020. Coordinator Red Ribban Club Mrs.KuljitKaur and Coordinator Red Cross Society Mrs.Deepshikha jointly organized this webinar in which Dr.VimalTrikha was the Resource Person. Principal Dr.Sareen welcomed her and said that women should be made aware about their health. She said that young generation girls are

eating lack of nutritious food which is a matter of concern. She encouraged all the students to follow all the rules & take precautions during COVID-19. **Dr. Trikha advised the girls to be physically, mentally & emotionally strong. She advised them to do exercise regularly, eat healthy food & do not think too much. Km. Gursimar Chaudhary told about the challenges for women in health care. Mrs. Kuljeet Kaur said that a woman can make a family healthy.** Mrs. Deepshikha gave vote of thanks. This webinar was attended by approximately 300 students.

HMV Celebrated International Human Rights Day

Dated: 10th December, 2020



<https://hmvnews.blogspot.com/2020/12/hmv-celebrated-international-human.html>

PG Department of Political Science and Legal Literacy Club celebrated International Human Rights Day under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. The webinar started with the blessings from the Almighty in the form of Gayatri Mantra.

Officiating Principal and Dean Academics Dr. Kanwaldeep Kaur accorded a warm welcome to the Chief Guest of the occasion Sh. Jaapinder Singh, Chief Judicial Magistrate-cum-Secretary, DLSA, Jalandhar. **Dr. Kanwaldeep Kaur raised a voice against the violation of Human Rights and urged to protect rights of Women and Children.**

The Webinar was hosted by Mrs. Alka Sharma, Assistant Professor who commenced by expressing gratitude towards our Chief Patron Dr. Punam Suri, Padmashree awardee President DAVCMC & Patron Sh. Shiv Raman Gaur, IAS (Retd.) Director Higher Education DAVCMC.

The Webinar started with Sh. Jaapinder Singh's wonderful insight in to the theme of Human Rights Day 2020 is to "Recover Better Stand up for Human

Rights.” He told about the vision of freedom, justice equality and highlight the classification of the Human Rights Article. He also talked about the significance of Human Right Day which was adopted and proclaimed the General Assembly of the United Nation on 10th December 1948 as the shared standard yard stick to protect Human Rights across the globe Students asked questions about how to protect themselves against injustices.

Moving further Retd. DGP Mr. Rajender Singh associated with Human Rights Organization, Sh. Aman Mittal, Director Human Rights Organization, Advocate AmritParaj and Advocate Ramji also shared their views on the practical implementation of the Rights.

Fit India PrabhatPheri by NSS Volunteers of HMV

Dated: 11thDecember, 2020

<http://hmvnews.blogspot.com/2020/12/fit-india-prabhat-pheri-by-nss.html>



The NSS Volunteers of Hans Raj MahilaMahaVidyalaya organized Fit India PrabhatPheri under Fit India Campaign as per the guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen for the success of this campaign, the volunteers organized PrabhatPherisalongwith their neighbours.

Principal Prof. Dr. (Mrs.) Ajay Sareen addressed the volunteers and said that a healthy mind develops in healthy body. **She said that all the young volunteers are full of enthusiasm and energy. All should work for the development of society and country. Our country needs dedicated and loyal volunteers like you. NSS not only develops your character but also gives you a sense of discipline, working in coordination and helps you to identify your strength & weaknesses.** She congratulated NSS Volutneers for the success of this campaign. She encouraged all the volunteers to take part in such campaigns in future also.

On this occasion, NSS Programme Officer Mrs. VeenaArora, Dr. Anjana Bhatia, Ms. Harmanu, Mrs. PawanKumari and Dr. MeenuTalwar also encouraged the NSS Volunteers.

National Voters' Day Celebrated at HMV

Dated: 25th January, 2021



<https://hmvnews.blogspot.com/2021/01/national-voters-day-celebrated-at-hmv.html>

Hans Raj MahilaMahaVidyalaya successfully hosted the National Voters' Day in association with District Election Office under the guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. The event witnessed the presence of Deputy Commissioner Sh. GhanshyamThori, IAS Jalandhar as the Chief Guest, accompanied by ADEO, Additional Deputy Commissioner Sh. VisheshSarangal,IAS, Dr.Sanjeev Sharma (PCS, SDM Shahkot), Sh. Jasbir Singh (PCS, ADC (Gen.)), Sh. Jai Inder Singh (PCS SDM-I), Mrs.AnupamKaler (PCS, ACA), Sh. SurjitLal (District Guidance Officer) and Sh. Rakesh Kumar. The event began with the recital of prayer under Dr.PremSagar followed by SaraswatiVandna, lighting of lamp and recital of DAV Anthem. Principal Dr. (Mrs.) Ajay Sareen welcomed the guests by presenting Planters and HMV Planners. **In her address Dr.Sareen offered a warm welcome to the guests on the behalf of DAV College Managing Committee. She expressed her delight for hosting the National Voters' Day consecutively for the fifth time.** She congratulated the Co-ordinators Dr.Anjana Bhatia, Mrs. Nita Malik and Co-ordinator Mrs.Alka Sharma for the successful conduct of the event. **She proudly announced that HMV has occupied first place in motivating voters. She further said that an aware voter is one who also makes other voters aware and uses the right to vote**

just fully. Addressing the gathering, Deputy Commissioner, Sh. GhanshyamThori, IAS in his presiding address expressed his thanks to HMV for being a host to the event. He elaborated that the voting process has undergone many reforms. He also briefed about the fundamental problems faced by the citizens and asked the voters to comply by the oath in practice. A message by Chief Election Officer Sh. Sunil Arora was also telecasted. The District Election Office also honoured Principal Dr. Ajay Sareen for her immense contribution for creating awareness among voters. Dr.Anjana Bhatia, Mrs. Nita Malik, Sh. VivekKaura, Sh. Jasbir Singh, Sh. SurjitLal, Sh. Parminder Singh, Sh. Vivek Joshi, Master Saleem, Ms.SumanKaur, Sh. Amarjeet Singh, Sh. Manish Aggarwal, Sh. RajuChaudhary, Sh. AmitKhushwah, Ms.ManmeetKaur, Ms.GurwinderKaur and Raunika also received certificates of appreciation along with organizing team of HMV. **The occasion also witnessed the release of E-epic (e-voter identity card).** The gathering enjoyed the voter Jugni song an initiative of HMV and Shamsheer productions. The event concluded with the National Anthem.

HMV organized Plogging to celebrate SwachhtaPakhwada

Dated: 10th January, 2021



<http://hmvnews.blogspot.com/2021/01/hmv-organized-plogging-to-celebrate.html>

NCC unit of Hans Raj MahilaMahaVidyalaya under 2PB (G) BN NCC Jalandhar, PHHPC Directorate organized Plogging event to celebrate SwachhtaPakhwada as per guidelines received from DGNCC, following all protocols of COVID- 19. Total 35 cadets of Army and Air Wing along with ANO Lt Sonia Mahindru (Army wing) and CTO Mrs Purnima (Air Wing) participated in the activity. Cadets jogged around the HMV campus and picked the trash to keep the surroundings clean. Principal Prof. Dr. (Mrs) Ajay Sareen encouraged cadets for such activities, which keeps them physically fit and environment clean. Commanding Officer Col NPS Toor2Pb(G) BN NCC also motivated and appreciated the cadets.

Martyrdom Day of Mahatma Gandhi observed in HMV

Dated: 30th January, 2021



<http://hmvnews.blogspot.com/2021/01/martyrdom-day-of-mahatma-gandhi.html>

The Student Council of Hans Raj MahilaMahaVidyalaya observed the Martyrdom Day of Father of Nation Mahatma Gandhi. Two minutes silence was observed in the memory of those who gave their lives in the struggle for Nation's freedom. Principal Prof. Dr. (Mrs.) Ajay Sareen, Dean Student Council Mrs.Urvashi Mishra along with all the faculty members, non-teaching staff members paid tribute to Gandhi Ji. On this occasion, the students of Music Department recited a beautiful Bhajan under the guidance of Dr.PremSagar. The members of Student Council were wearing Tricolour Dupattas. Mr.Gurkeerat&Ms.Navjot recited a poem. Principal Dr. Ajay Sareen encouraged the students to follow the path of Gandhi Ji. She said that our life will take a shape as per our thinking. If our thinking is positive, all good will happens to us and vice versa. The loss of Gandhi ji is the loss of whole world. The stage was conducted by Ms.Mansi. On this occasion, all the members of teaching and non-teaching staff were present.

HMV participated in Road Safety Month-2021

Dated: 10th February, 2021

<http://hmvnews.blogspot.com/2021/02/hmv-participated-in-road-safety-mo>



[nth.html](#)

The NSS Unit of Hans Raj MahilaMahaVidyalaya, Jalandhar participated in Road Safety Month-2021 under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. This is being organised by Youth and Sports Ministry of Government of India from 18th January to 17th February , 2021. The main theme of this campaign was “Road Safety, Life Safety”. The main objective of this campaign was to ensure the citizens about road safety. The whole campaign was organised under the guidance of NSS Programme Officer Mrs.VeenaArora, Dr.Anjana Bhatia and Ms.Harmanu Paul.

Principal Prof. Dr. (Mrs.) Ajay Sareen said that road accident is a matter of grief at present times. We lose many of our dear ones in road accidents. It is the need of the hour that we should be aware about road safety and we should always try to make others aware about the same. Life is very precious, so we should protect it. Programme Office Mrs.VeenaArora also said that natural disasters are not controllable but with our awareness and intelligence we can save all from those accidents. Dr.Anjana Bhatia also gave instructions to follow strictly the rules of road safety. Ms.Harmanu Paul also encouraged NSS Volunteers to follow the rules strictly.

Principal Dr. Ajay Sareen flagged off the road safety rally and encouraged all the volunteers. On this occasion Asstt. Programme Officers Mrs.PawanKumari and Dr.MeenuTalwar were also present.

HMV pledged to render services for fight against Corona

Dated: 21st April, 2021



<http://hmvnews.blogspot.com/2021/04/hmv-pledged-to-render-services-for.html>

Under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen, the enthusiastic volunteers of Hans Raj MahilaMahaVidyalaya, Jalandhar pledged to participate wholeheartedly against the COVID Pandemic. NSS, NCC and Student Council volunteers, Teaching and Non Teaching Staff took the pledge to render services for fight against Corona.

Speaking on the occasion, Principal Prof. Dr. (Mrs.) Ajay Sareen said that HMV has always committed itself to safeguard humanity against the COVID Virus. **She further added that HMV has celebrated TIKA UTSAV by arranging for vaccination camp in the campus.** A video prepared by PG department of Music Vocal under the guidance of Dr. PremSagar encouraging the vaccination drive was also launched by the Principal. Dr. Anjana Bhatia, Dean Innovation and Research said that we must act responsibly and inspire others to follow the Govt. guidelines to strengthen the fight against CORONA.

Celebrating 130th birth anniversary of Dr. B.R. Ambedkar:

HMV IIC attended the virtual session with ATL Innovation Mission, Govt. of India

Dated: 14th April, 2021



<http://hmvnews.blogspot.com/2021/04/hmv-iic-attended-virtual-session-with.html>

The vivacious members of Innovation Council, HMV attended the virtual live session of the AIM-AICTE Collaboration for ATLs and IICs under the dynamic guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen organized on the occasion of 130th birth anniversary of Dr. B.R. Ambedkar.

The session began with a welcome note from Mr. R. Ramanan, Mission Director, ATL Innovation Mission. He gave his greetings and wishes for the Ambedkar Jayanti and ATL Community Day. Dr. Anil, Chairman, All India Council for Technical Education, gave a comprehensive view of the outcomes of the collaboration and the significance of the IIC initiative giving practical suggestions. He briefed about the implications of linkages between institutions and National Education policy. The motive of the organization is to take research to the next level. He emphasized on the appreciation of the past and moving towards innovation. Dr. Abhay Jere, Chief Innovation Officer, Ministry of Education, Govt. of India

stressed upon the need of a systematic programme inclusive of all the things related to innovation. He provided an insight into the challenges as well as opportunities to develop an innovation ecosystem. There is an immediate requirement to establish and stabilize innovation systems in all the education institutions so that we can build up a generation next of innovative youth leaders. The journey of putting the innovative measures into practice is undoubtedly a complex one from locating the problems around, finding solutions and coming up with innovative ideas. In order to get maximum benefits, there is a need to monitor the outcome of activities and their impact. It proved to be a fruitful session for HMV IIC comprising of Dr.Anjana Bhatia, Incharge IIC, Lt. Sonia Mahendru, Dr.Rakhi Mehta, Mrs.Alka, Mrs.Lovleen, Mrs.Navneeta, Dr.MeenakshiDuggal Mehta, Mrs.ProtimaMander, Dr.Jaspreet, Ms.Harpreet, Dr.Simmi, Mr.AshishChadha, Mr.VidhuVohra and Mr.RishabhDhir.

2nd Dose of Vaccination Camp organized at HMV

Dated: 27th May, 2021



<http://hmvnews.blogspot.com/2021/05/2nd-dose-of-vaccination-camp-organized.html>

A special vaccination camp for 2nd dose of vaccine was organised by Hans Raj MahilaMahaVidyalaya, Jalandhar with the special permission of local administration and Civil Hospital. In this camp, 67 staff members of the college got vaccinated for 2nd dose of vaccine. Principal Prof. Dr. (Mrs.) Ajay Sareen appreciated the efforts of Dr.SeemaMarwaha, Head of Zoology Department for organizing second camp in college premises. She said that HMV has always committed itself to safeguard humanity against the COVID virus by arranging first vaccination camp in the month of April. Now it is the 2nd phase of vaccination. Principal Dr.Sareen also thanked Civil Surgeon Jalandhar Dr.Balwant Singh, Dr.Rakesh Chopra DIO, Dr.Surbhi and their team members for the support given by them to make this camp successful. On this occasion Superintendents Sh. Raman Behl, Sh. PankajJyoti, Sh. Lakhwinder Singh and Sh. Ravi Maini were also present.

Vaccination Camp started by District Administration at HMV

Dated: 1st June, 2021



<http://hmvnews.blogspot.com/2021/06/vaccination-camp-started-by-district.html>

Paid Vaccination Camp by District Administration was started at Hans Raj MahilaMahaVidyalaya, Jalandhar. The District Administration is offering Covaxin at nominal cost of Rs. 500/- to the general public. The camp was visited by Deputy Commissioner Sh. GhanshyamThori, IAS and SDM-I Sh. Jai Inder Singh. Principal Prof. Dr. (Mrs.) Ajay Sareen welcomed them. Dr. Ajay Sareen said that Vaccination is our responsibility. We all have to be aware to fulfill this responsibility, the citizens are getting vaccinated. Nodal Officer Dr.SeemaMarwaha and Asstt. Nodal Officer Mr. Ravi Maini told that around 100 people got vaccinated on first day. They pre-booked the slots of vaccination. Social distancing and other norms of COVID-19 are followed at vaccination centre. Principal Prof. Dr. (Mrs.) Ajay Sareen thanked District Administration for believing in HMV & choosing it as Vaccination Centre.

HMV Celebrated International Yoga Day

Dated: 21st June, 2021



<http://hmvnews.blogspot.com/2021/06/hmv-celebrated-international-yoga-day.html>

Hans Raj MahilaMahaVidyalaya in collaboration with Ministry of Aayush celebrated International Yoga Day under the able guidance of Principal Prof. Dr.Mrs. Ajay Sareen. In this ceremony, the students of Student Council, NCC, NSS and Sports Department of the college along with teaching, non-teaching staff and supporting staff took part with full enthusiasm. Yoga Guru Mr.Dheeraj made the participants perform various Asans of Yoga. He said that in order to remain healthy and free from diseases, we should do yoga everyday.

Principal Dr. Ajay Sareen said that yoga maintains our mental balance. It gives us physical and mental purity. We should make yoga an integral part of our lives. She also shared the message of President DAVCMC Padam Shree Dr.PunamSuri that yoga is connecting link with ancient wisdom. Yoga should be done by all everyday.

Yoga session ended with National Anthem. Stage was conducted by Dr.Anjana Bhatia.